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### 33rd Annual Milton 5 & 10k Road Race

Milton, MA, June 9, 2010

[[5k Overall](#) | [5k Age Group](#) | [10k Overall](#) ]

#### 10k Age Group

Results by Spitler Race Systems 401-724-5944 or [rspitler@tiac.com](mailto:rspitler@tiac.com)  
MEN OVERALL WINNERS

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	34:54	5:38	1 40-49	1 M	272	Jason CaKouros	Milton,MA		
2	35:57	5:48	1 30-39	2 M	40	Justin Renz	Milton,MA		
3	38:10	6:09	1 01-19	3 M	151	Patrick Madden	Milton,MA		

WOMEN OVERALL WINNERS

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	43:22	7:00	1 40-49	1 F	211	Eileen Cakouros	Milton,MA		
2	43:51	7:04	1 30-39	2 F	163	Lauren Frazier	HINGHAM,MA		
3	44:01	7:06	1 20-29	3 F	420	Lauren Smith	Milton,MA		

Results by Spitler Race Systems 401-724-5944 or [rspitler@tiac.com](mailto:rspitler@tiac.com)  
MEN AGE GROUP 60-69

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	41:48	6:45	1 60-69	27 M	342	Joe McCarthy	Dor,MA		
2	43:30	7:01	2 60-69	34 M	329	Kevin McCarthy	Portsmouth,RI		
3	45:47	7:23	3 60-69	46 M	30	Robert Hanna	Quincy,MA		

MEN AGE GROUP 50-59

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	39:01	6:18	1 50-59	5 M	501	Nicholas Tsanotelis	Milton,MA		
2	42:12	6:48	2 50-59	21 M	51	Brian Devin	Milton,MA		
3	43:15	6:59	3 50-59	30 M	190	James Pike	Canton,MA		

MEN AGE GROUP 40-49

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	41:50	6:45	2 40-49	15 M	346	Kevin McCormick	Mansfield,MA		
2	41:55	6:46	3 40-49	17 M	34	James Shaw	Charlestown,MA		
3	42:11	6:48	4 40-49	20 M	148	Craig Chazan	Easton,MA		

MEN AGE GROUP 30-39

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	38:56	6:17	2 30-39	4 M	358	Greg Anderson	Hanover,MA		
2	39:10	6:19	3 30-39	6 M	386	Riccardo Giostra			
3	39:59	6:27	4 30-39	7 M	357	Stephen Gildea	S. Boston,MA		

MEN AGE GROUP 20-29

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	41:05	6:38	1 20-29	10 M	449	Billy Walker	Dorchester,MA		
2	41:52	6:45	2 20-29	16 M	158	Joseph Mascia	Westwood,MA		
3	41:59	6:46	3 20-29	18 M	463	Joe Scarbo	Milton,MA		

MEN AGE GROUP 01-19

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	40:11	6:29	2 01-19	8 M	254	Brendan Saur	Milton,MA		
2	40:12	6:29	3 01-19	9 M	255	Jon Maher	Milton,MA		
3	41:48	6:45	4 01-19	14 M	242	Gordon Jarvis	Milton,MA		

Results by Spitler Race Systems 401-724-5944 or [rspitler@tiac.com](mailto:rspitler@tiac.com)  
WOMEN AGE GROUP 60-69

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	61:08	9:52	1 60-69	102 F	124	Kathy Larson	Milton,MA		

## WOMEN AGE GROUP 50-59

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	50:50	8:12	1 50-59	32 F	484	Regina Tsanotelis	Milton,MA		
2	52:58	8:33	2 50-59	43 F	39	Rachel Shanor	Milton,MA		
3	55:55	9:01	3 50-59	71 F	321	Jean Lamere	Milton,MA		

## WOMEN AGE GROUP 40-49

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	45:00	7:15	2 40-49	6 F	159	Stephanie Hartwell	Milton,MA		
2	45:07	7:17	3 40-49	7 F	480	Ann Marie Boylan	Milton,MA		
3	46:04	7:26	4 40-49	10 F	423	Rita Taugher	Milton,MA		

## WOMEN AGE GROUP 30-39

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	44:10	7:07	2 30-39	4 F	323	Bridget Gaffney	Milton,MA		
2	45:51	7:24	3 30-39	9 F	399	Marcia Flaherty	S Boston,MA		
3	46:44	7:32	4 30-39	12 F	461	Karen O'Sullivan	Milton,MA		

## WOMEN AGE GROUP 20-29

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	45:27	7:20	2 20-29	8 F	87	Danielle Bressoud	Boston,MA		
2	46:05	7:26	3 20-29	11 F	8	Carolyn Quinn	Weymouth,MA		
3	47:25	7:39	4 20-29	13 F	523	Meredith Thayer	Quincy,MA		

## WOMEN AGE GROUP 01-19

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	44:32	7:11	1 01-19	5 F	122	Evelyn Orlando	Milton,MA		
2	52:27	8:28	2 01-19	39 F	301	Courtney Peterson	Milton,MA		
3	55:56	9:01	3 01-19	72 F	326	Catherine Lawton	Milton,MA		

Results by Spitler Race Systems 401-724-5944 or rspitler@tiac.com

## TOP 50 MEN FINISHERS

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	34:54	5:38	1 40-49	1 M	272	Jason CaKouros	Milton,MA		
2	35:57	5:48	1 30-39	2 M	40	Justin Renz	Milton,MA		
3	38:10	6:09	1 01-19	3 M	151	Patrick Madden	Milton,MA		
4	38:56	6:17	2 30-39	4 M	358	Greg Anderson	Hanover,MA		
5	39:01	6:18	1 50-59	5 M	501	Nicholas Tsanotelis	Milton,MA		
6	39:10	6:19	3 30-39	6 M	386	Riccardo Giostra			
7	39:59	6:27	4 30-39	7 M	357	Stephen Gildea	S. Boston,MA		
8	40:11	6:29	2 01-19	8 M	254	Brendan Saur	Milton,MA		
9	40:12	6:29	3 01-19	9 M	255	Jon Maher	Milton,MA		
10	41:05	6:38	1 20-29	10 M	449	Billy Walker	Dorchester,MA		
11	41:09	6:38	5 30-39	11 M	147	Stephen Conley	Quincy,MA		
12	41:21	6:40	6 30-39	12 M	99	Brendan Nee	Quincy,MA		
13	41:39	6:43	7 30-39	13 M	221	Dave Humphreys	Milton,MA		
14	41:48	6:45	4 01-19	14 M	242	Gordon Jarvis	Milton,MA		
15	41:50	6:45	2 40-49	15 M	346	Kevin McCormick	Mansfield,MA		
16	41:52	6:45	2 20-29	16 M	158	Joseph Mascia	Westwood,MA		
17	41:55	6:46	3 40-49	17 M	34	James Shaw	Charlestown,MA		
18	41:59	6:46	3 20-29	18 M	463	Joe Scarbo	Milton,MA		
19	42:06	6:47	4 20-29	19 M	447	William Bulger	Milton,MA		
20	42:11	6:48	4 40-49	20 M	148	Craig Chazan	Easton,MA		
21	42:12	6:48	2 50-59	21 M	51	Brian Devin	Milton,MA		
22	42:17	6:49	8 30-39	22 M	487	Michael Lamoureux	Milton,MA		
23	42:42	6:53	5 40-49	23 M	481	Roger House	Brookline,MA		
24	42:49	6:54	9 30-39	24 M	214	Terry Shields	Milton,MA		
25	42:57	6:56	5 01-19	25 M	474	Aaron Nemzer	Milton,MA		
26	43:05	6:57	10 30-39	26 M	31	Mark Vernazza	Milton,MA		
27	41:48	6:45	1 60-69	27 M	342	Joe McCarthy	Dor,MA		
28	43:10	6:58	6 01-19	28 M	354	Steven Manning	Milton,MA		
29	43:12	6:58	6 40-49	29 M	38	Joe Ciavattone	Milton,MA		
30	43:15	6:59	3 50-59	30 M	190	James Pike	Canton,MA		
31	43:18	6:59	4 50-59	31 M	475	Josh Nemzer	Milton,MA		
32	43:20	6:59	7 40-49	32 M	89	Joseph Mazzarella	Milton,MA		
33	43:26	7:00	8 40-49	33 M	52	Bob Reetz	Milton,MA		
34	43:30	7:01	2 60-69	34 M	329	Kevin McCarthy	Portsmouth,RI		
35	43:32	7:01	5 50-59	35 M	41	Robert Falconi	Milton,MA		
36	43:34	7:02	11 30-39	36 M	37	Patrick Kennedy	Milton,MA		
37	43:37	7:02	9 40-49	37 M	146	Vincent Gratch	Quincy,MA		
38	43:40	7:03	10 40-49	38 M	506	Steve Fiske	Milton,MA		
39	43:47	7:04	7 01-19	39 M	123	Nick Orlando	Milton,MA		
40	43:55	7:05	12 30-39	40 M	133	Mick Brown	Boston,MA		
41	43:59	7:06	6 50-59	41 M	96	Robert Shepard	Milton,MA		
42	44:06	7:07	13 30-39	42 M	93	David Mills	South Boston,MA		
43	44:08	7:07	11 40-49	43 M	27	Steve Murray	Milton,MA		
44	44:50	7:14	12 40-49	44 M	392	Niels Boegholm	Well,MA		
45	45:44	7:23	13 40-49	45 M	325	Bob Halloray	Milton,MA		
46	45:47	7:23	3 60-69	46 M	30	Robert Hanna	Quincy,MA		
47	45:57	7:25	14 40-49	47 M	274	Al Dicarico	Milton,MA		
48	46:09	7:27	15 40-49	48 M	389	George Rodriguez	N Easton,MA		
49	46:12	7:27	5 20-29	49 M	377	Blake Cunningham	Canton,MA		

50 46:16 7:28 6 20-29 50 M 117 CHRISTOPHER BRANDI Milton,MA

TOP 50 WOMEN FINISHERS

PLC	Time	Pace	PLC/Group	PLC/Sex	Bib#	Name	Town, State	Spec.	Team
1	43:22	7:00	1 40-49	1 F	211	Eileen Cakouros	Milton,MA		
2	43:51	7:04	1 30-39	2 F	163	Lauren Frazier	HINGHAM,MA		
3	44:01	7:06	1 20-29	3 F	420	Lauren Smith	Milton,MA		
4	44:10	7:07	2 30-39	4 F	323	Bridget Gaffney	Milton,MA		
5	44:32	7:11	1 01-19	5 F	122	Evelyn Orlando	Milton,MA		
6	45:00	7:15	2 40-49	6 F	159	Stephanie Hartwell	Milton,MA		
7	45:07	7:17	3 40-49	7 F	480	Ann Marie Boylan	Milton,MA		
8	45:27	7:20	2 20-29	8 F	87	Danielle Bressoud	Boston,MA		
9	45:51	7:24	3 30-39	9 F	399	Marcia Flaherty	S Boston,MA		
10	46:04	7:26	4 40-49	10 F	423	Rita Taugher	Milton,MA		
11	46:05	7:26	3 20-29	11 F	8	Carolyn Quinn	Weymouth,MA		
12	46:44	7:32	4 30-39	12 F	461	Karen O'Sullivan	Milton,MA		
13	47:25	7:39	4 20-29	13 F	523	Meredith Thayer	Quincy,MA		
14	47:35	7:40	5 20-29	14 F	239	Erica Hunt	Boston,MA		
15	48:16	7:47	5 40-49	15 F	336	Elaine Schiffmann	Milton,MA		
16	48:22	7:48	5 30-39	16 F	155	Jill Cleary	East Bridgewater,MA		
17	48:32	7:50	6 20-29	17 F	144	Jenny Cunningham	Canton,MA		
18	48:37	7:50	6 30-39	18 F	341	Kelly Keegan	Dor,MA		
19	48:46	7:52	7 20-29	19 F	224	Bernadette Moonan	Milton,MA		
20	48:52	7:53	6 40-49	20 F	373	Suzanne Barry	Milton,MA		
21	49:00	7:54	7 30-39	21 F	207	Kimberly Gagnon	Franklin,MA		
22	49:05	7:55	8 30-39	22 F	295	Cindy Jolliemore	Quincy,MA		
23	49:20	7:57	8 20-29	23 F	382	Destiny Novotney	Bedford,TX		
24	49:22	7:58	7 40-49	24 F	363	Robin Breen	Braintree,MA		
25	49:24	7:58	8 40-49	25 F	42	Wendy Kelley	Milton,MA		
26	49:35	8:00	9 30-39	26 F	132	Ann Agurkis	North Easton,MA		
27	49:54	8:03	10 30-39	27 F	168	Katie Munroe	Braintree,MA		
28	50:00	8:04	9 20-29	28 F	44	Lisa Falconi Perfiel	Hooksett,NH		
29	50:32	8:09	10 20-29	29 F	464	Rachel Dacey	Raynham,MA		
30	50:40	8:10	11 30-39	30 F	512	Danielle Slate	Milton,MA		
31	50:50	8:12	9 40-49	31 F	442	Lara Diaz	Milton,MA		
32	50:50	8:12	1 50-59	32 F	484	Regina Tsanotelis	Milton,MA		
33	50:57	8:13	10 40-49	33 F	486	Mary Grzybinski	Holbrook,MA		
34	51:22	8:17	12 30-39	34 F	294	Moirra Connolly	Milton,MA		
35	51:24	8:17	11 20-29	35 F	81	Katherine Marr	Milton,MA		
36	51:29	8:18	11 40-49	36 F	395	Nina Egan	Braintree,MA		
37	51:43	8:20	13 30-39	37 F	500	Kara O'Toole	Quincy,MA		
38	52:08	8:25	12 40-49	38 F	400	Kathleen Doherty	Braintree,MA		
39	52:27	8:28	2 01-19	39 F	301	Courtney Peterson	Milton,MA		
40	52:43	8:30	13 40-49	40 F	154	Paula Cunniff-Jaber	Milton,MA		
41	52:55	8:32	12 20-29	41 F	12	Laura Howells	Jamaica Plain,MA		
42	52:56	8:32	14 40-49	42 F	293	Laura Cannata	Milton,MA		
43	52:58	8:33	2 50-59	43 F	39	Rachel Shanor	Milton,MA		
44	53:06	8:34	15 40-49	44 F	175	Jane Dawson	Milton,MA		
45	53:19	8:36	16 40-49	45 F	200	Anne Olsen	Milton,MA		
46	53:27	8:37	14 30-39	46 F	419	Gretchen Nabreski	Milton,MA		
47	53:31	8:38	15 30-39	47 F	95	Christine Santeusanio	Boston,MA		
48	53:46	8:40	17 40-49	48 F	335	Diana Kelly	Quincy,MA		
49	53:49	8:41	18 40-49	49 F	226	Meredith Cook	Milton,MA		
50	53:51	8:41	16 30-39	50 F	137	Mary Warner	Milton,MA		